Medical Students Celebrate Match Day

One hundred twenty-seven members of Icahn School of Medicine at Mount Sinai’s Class of 2014 participated in the nation’s annual Match Day event on Friday, March 21. They gathered in the Annenberg West lobby to open their envelopes en masse and find out which residency programs they would be attending during the next phase of their training.

Addressing the students with words of encouragement and praise, Dennis S. Charney, MD, Anne and Joel Ehrenkranz Dean, Icahn School of Medicine at Mount Sinai and President for Academic Affairs, Mount Sinai Health System, noted that many would be “continuing academic careers at some of the best medical centers in the country.”

Indeed, well more than half of this year’s class matched to the nation’s top 20 academic medical centers, including Boston Children’s Hospital; Duke University Medical Center; the Hospital of the University of Pennsylvania; Massachusetts General Hospital; Stanford University Medical Center; the University of California, San Francisco.

On Match Day, Eric Sussman and Jennifer Kolb learned they would be attending residency programs at Stanford University Medical Center (Neurological Surgery), and Icahn School of Medicine at Mount Sinai (Internal Medicine), respectively.

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Major Gift Advances Palliative Care

Benefactors Patty and Jay Baker recently donated $10 million to establish The Patty and Jay Baker National Palliative Care Center at Mount Sinai to support public policy, education, training, research, and national outreach to improve the quality of care for seriously ill Americans and their families.

The transformational donation was announced by the Care Center’s Co-Directors Diane E. Meier, MD, and R. Sean Morrison, MD, who said the center’s mission was to “ensure that all patients living with serious illness and their families understand the role of palliative care in improving quality of life and request it; that all clinicians

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Recognizing Extraordinary Volunteers

Nine volunteers from the Mount Sinai Health System were among 91 individuals who were honored at the United Hospital Fund’s 21st Annual Auxilian and Volunteer Achievement Awards ceremony held at the Waldorf-Astoria on Friday, March 14. The event recognized outstanding volunteers in not-for-profit and city-run hospitals in the New York metropolitan area.

Among those recognized was Mrs. Maxine Rosenberg, who has volunteered at Mount Sinai Beth Israel Brooklyn for seven years, greeting patient families, directing them to patient rooms, and helping them with transportation services. Mrs. Rosenberg began volunteering after having sustained a serious spinal injury as a result of a fall in her home, a condition that still causes considerable pain and requires her to use a walker. She has served nearly 2,000 hours. “Volunteers like Mrs. Rosenberg are valuable assets to our hospital,” says Lin H. Mo, President, Mount Sinai Beth Israel Brooklyn. “She and other volunteers help support the entire hospital staff’s efforts to provide the highest quality of patient care and to assist in making visitors welcome.”

Also honored were these extraordinary volunteers from:

- **Mount Sinai Beth Israel**
  - Mrs. Serena and Mr. Dick LaVine, a husband-and-wife team with the Homebound Outreach Project for the Elderly;

- **The Mount Sinai Hospital**
  - Ms. Mary Rossabi and Ms. Deborah T. Winfield with the Music for Healing program;
  - Jephtha Tausig, PhD, as past president and member of the Auxiliary Board;

- **Mount Sinai Queens**
  - Ms. Winifred Burke, for volunteering in Pastoral Care;

- **Mount Sinai Roosevelt**
  - Ms. Gail Friedman, for her work in the Infection Control Department;

- **Mount Sinai St. Luke’s**
  - Ms. Frances Neal, for volunteering in Pre-Admission Testing.

Major Gift Advances Palliative Care (continued from page 1)

have the knowledge and skills to provide palliative care; and that all health care institutions are equipped to deliver it.”

The Mount Sinai Health System’s Brookdale Department of Geriatrics and Palliative Medicine is a leader in the field, offering clinical, educational, and research programs that serve as national models for major medical centers.

Dr. Meier also serves as Director of the Center to Advance Palliative Care (CAPC), and Dr. Morrison, the Hermann Merkin Professor in Palliative Care, is Director of the Lilian and Benjamin Hertzberg Palliative Care Institute, and the National Palliative Care Research Center (NPCRC). The new Patty and Jay Baker National Palliative Care Center will serve as a bridge that advances the field and unites the clinical focus of CAPC and the evidence-based research of NPCRC.

While palliative care is an established medical subspecialty that has been shown to improve quality of care and quality of life for patients and families facing serious illness, research conducted in 2011 by Public Opinion Strategies in Alexandria, Va., concluded that three out of four Americans had minimal to no knowledge of palliative care and its benefits. Furthermore, the poll revealed that more than 90 percent of Americans would want the added layer of support that palliative care provides for themselves and their loved ones if they were seriously ill.

“Palliative care takes the larger view of caring for patients by looking at their entire spectrum of needs,” says Patty Baker, a noted Broadway theatre producer and philanthropist. “It goes beyond seeing the patient through the prism of illness. One of the many goals of palliative care is to help patients remain safely and securely in their own homes and avoid repeated trips to the hospital, which we wholeheartedly support.”

“We have an ethical obligation to ensure that all aspects of the suffering of patients and families are addressed,” says Jay Baker, former President of the Kohl’s Corporation. “Patty and I have a personal connection to this issue. The care and compassion provided to my sister at Mount Sinai made all the difference in her survival and quality of life and we are so grateful. We strongly believe that everyone should have easy access to palliative care services on the national level.”
Medical Students Celebrate Match Day (continued from page 1)

Medical Center; and Yale-New Haven Hospital.

Forty-one students will remain at Icahn School of Medicine to pursue further training in anesthesiology, dermatology, internal medicine, neurological surgery, neurology, obstetrics and gynecology, pediatrics, psychiatry, and vascular surgery.

In all, 58.8 percent of the class will receive residency training in primary care; 17.1 percent will enter residency programs specializing in surgical specialties; and 41.1 percent will pursue training in specialties that include emergency medicine, pathology, pediatric neurology, radiology, and rehabilitation medicine.

This year, 17,547 U.S. medical students participated in the Match Day event, which is run by the National Resident Matching Program, a private, nonprofit organization that matches students with residencies in U.S. teaching hospitals based on a computerized algorithm.

For student Pamela Daher, Match Day brought the fulfillment of a lifelong dream. Ms. Daher learned that she will be doing her general surgery training in Austin, Texas, at the University of Texas Southwestern Medical School. “This is all I ever wanted to do, so it’s a pretty good feeling,” she said as she hugged her friends and began to call her family in Bolivia with the news.

Student John Andrew Wesley beamed and waved his letter, as he shared his excitement with fellow classmates and friends after finding out that he would be continuing his training in Family Medicine at the University of California, San Francisco Medical Center, his No. 1 choice. “I feel blessed beyond belief and so excited about this journey of healing,” he said.

Jeffrey Tai was pleased to be staying at Mount Sinai to receive his residency training in Psychiatry. “I’ll be here for the next four years,” he said. “This is where I want to be.”

Telemedicine Brings Clinical Trials to Patients

Patients at the Mount Sinai Health System and at leading medical centers around the world have benefitted from therapeutic treatments that are tested during clinical trials.

But trials can be inconvenient. Patients may decide they no longer want to travel long distances or pay expensive transportation costs and drop out early, or choose not to participate at all.

Matthew Galsky, MD, Director of Genitourinary Medical Oncology at Icahn School of Medicine at Mount Sinai and The Tisch Cancer Institute, hopes to improve participation by designing patient-friendly clinical trials that rely on technology to reduce time and cost for patients. A recent study by Dr. Galsky found that roughly 20 percent of cancer clinical trials are never completed.

Later this spring, Dr. Galsky will begin enrolling men with recurrent prostate cancer in a clinical trial that enables them to use a computer tablet to communicate with him from their homes, replacing the study visits that would take place at his Mount Sinai office.

The patients will interact with him and members of the clinical staff via secure videoconferencing to protect their privacy, and will be able to have their blood drawn at a laboratory close to home.

The computer tablet will also track the patients’ adherence to the diabetes drug metformin, which Dr. Galsky is repurposing to see whether it can also be used to keep prostate cancer in check.

 Patients throughout the United States, as well as those coming for second opinions, will be able to explore trial participation.

“If we could reduce the burden of travel, time, and money, I think that we could make participation in clinical trials a lot more attractive,” says Dr. Galsky. “When researchers meet enrollment targets, we are not only able to finish trials, but turn around and bring patients the latest information on how best to care for them. Failed enrollment means that answers to the research that the trial was designed to tackle do not get addressed.”

Patients with recurrent prostate cancer can call 212-824-8583 if they are interested in participating in the trial.
Events

Child Health Research Symposium

The 16th Annual Child Health Research Symposium, being held at The Mount Sinai Hospital, will include the Dr. Howard Rappaport Memorial Lecture Grand Rounds, presented by Richard J. Smith, MD, Director, Iowa Institute of Human Genetics, and the following activities:

- **Thursday, April 3**
  - 8:10 – 9:05 am
  - Grand Rounds
  - Hatch Auditorium
- **9:30 – 11:30 am**
  - Plenary Presentations
  - Hatch Auditorium

Grand Rounds Nursing

Helen Irving, Chief Executive Officer, New York Organ Donor Network, presents “Hate the Wait—The Organ Donation Crisis in New York State.”

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Grand Rounds Neurology

Nicholas Maragakis, MD, Director, ALS Center for Cell Therapy and Regeneration Research, Johns Hopkins University School of Medicine, presents "Bedside to Bench: Stem Cells from ALS Patients to Understanding Disease and Designing Cell Therapies.”

Grand Rounds Evidence and Policy

Lewis B. Morgenstern, MD, Director, Stroke Program, University of Michigan Health System, presents "A Global Perspective on the Policy of Stroke Treatment and Prevention.”

Grand Rounds Anesthesiology

Kevin Tremper, MD, PhD, Chair, Anesthesiology, University of Michigan Health System, presents the 51st Bernard H. Eliasberg Memorial Lecture, “Anesthesiology: From Patient Safety to Population Outcomes.”

Epic Electronic Medical Record Upgrade

Epic users will experience some changes in the system during an Epic upgrade beginning Sunday, April 13. The upgrades will affect the following:

**Inpatient, ED, and Ambulatory Providers:**
- The Manage Orders Navigator consolidates order-related activities to one screen (inpatient).
- There is a new Pulse tool for providers (ED).
- ICD-10 diagnosis calculator is available in the problem list and diagnosis sections.
- Providers using MyChart can easily see if results were released and viewed.

**Nurses:**
- The new Medication Administration Record (MAR) layout reduces scrolling and makes critical information more visible. Patient medication administration and documentation is streamlined.

Additionally, there are visual changes to reports and documentation tools, making it easier for clinicians to read flow sheet data.

For more specific information about the upgrade, including educational sessions, visit http://intranet1.mountsinai.org/epic/.

National Walking Day

Celebrate National Walking Day, an annual call to action sponsored by the American Heart Association:

- **Wednesday, April 2, Noon**
  - The Mount Sinai Hospital
  - Guggenheim Pavilion Lobby
  - 50-minute walk around Central Park reservoir

- **Mount Sinai Roosevelt Hospital Lobby**
  - 50-minute walk around lower loop of Central Park

- **Mount Sinai Beth Israel Linsky Lobby**
  - 50-minute walk around neighborhood (a second group leaves at 12:30 pm from the Karpas building)

- **Thursday, April 3, 11 am, Noon**
  - The Mount Sinai Hospital
  - Guggenheim Atrium
  - Two 30-minute walks of the “Mount Sinai Mile” indoor loop

- **Wednesday, April 9, Noon**
  - The Mount Sinai Hospital
  - Outside the Plaza Café
  - Join the Recanati/Miller Transplantation Institute to walk and raise awareness of organ donation.

Mount Sinai

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