Medical Students Celebrate Match Day

This year’s Match Day event—held Friday, March 15, in the Annenberg West Lobby—reflected the accomplishments of the Class of 2013, with well more than half of 139 students at Icahn School of Medicine at Mount Sinai matching to residency programs at the nation’s top 20 academic medical centers.

Thirty-six students will be starting residencies at medical centers that include Massachusetts General Hospital; Yale-New Haven Hospital; Johns Hopkins University Hospital; Duke University Medical Center; Vanderbilt University Medical Center; Stanford University Medical Center; and the University of California, San Francisco Medical Center.

Another 39 members of the class of 2013 will continue their training at Mount Sinai in specialties such as anesthesiology, emergency medicine, general surgery, internal medicine, obstetrics and gynecology, pediatrics, psychiatry, and radiation-oncology. Several of these specialties were the most popular residencies this year.

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NYPD Honor Legion Presents Three Awards to Mount Sinai

One year ago, New York City Police Officer Eder Loor was responding to a 911 call in East Harlem when the 26-year-old man that he and his patrol partner had just apprehended plunged a three-inch knife into Officer Loor’s temple. The blade, which entered just behind his left eye, went to the base of his skull. Incredibly, Officer Loor was able to pull the knife out of his head and keep pressure on the wound until paramedics arrived and brought him to The Mount Sinai Hospital.

Joshua B. Bederson, MD, Professor and Chair of the Department of Neurosurgery, and his team performed life-saving surgery and, 15 days later, Officer Loor was released from Mount Sinai to cheering crowds, accompanied by his wife, Dina, and the couple’s 5-year-old daughter. Officer Loor, now a father of two, remains on leave from the New York City Police Department (NYPD), but recently was promoted to detective.

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On Tuesday, March 12, the NYPD Honor Legion awarded a certificate of merit to Dr. Bederson; Michael McCarr, RN, Senior Vice President of Perioperative Services and Vice President, Operations, at Mount Sinai; and Lisa Wagner, BSN, NP, MA. The awards were presented by Detective Oscar Hernandez, President of the NYPD Honor Legion—the oldest fraternal organization in the police department—in appreciation of the medical team's outstanding efforts.

“It is a tremendous honor to get this award,” Dr. Bederson told guests, “but the two individuals who truly deserve to be honored are Eder Loor and his NYPD patrol partner, Luckson Merisme. There were many members in the Mount Sinai team who helped Officer Loor, starting with Michael McCarr, who was able to clear an operating room within minutes, and my nurse practitioner, Lisa Wagner, who was instrumental in his care.”

Dr. Bederson continued, “But, there is one special person whom I must mention—Officer Loor’s wife, Dina, who was five months pregnant on the day her husband was stabbed. Dina continues to be an absolute rock supporting Eder and their family.”

Exploring the Future of Medicine

Cancer biology and immunotherapy, the future of psychiatry, the direction of medical education, and the importance of advance directives were among the topics Kenneth L. Davis, MD, President and Chief Executive Officer of The Mount Sinai Medical Center, discussed at an Aspen Ideas Festival preview event held recently at The Studio Museum in Harlem.

The talk, titled “The Future of Medicine,” was a prelude to a larger discussion in which he will participate at the Aspen Ideas Festival in June. Corby Kummer, Senior Editor of The Atlantic magazine interviewed Dr. Davis for 20 minutes before inviting questions from the audience of about 75 invited guests. The event also featured Thelma Golden, Director and Chief Curator of The Studio Museum, who was interviewed by the actor and writer Anna Deveare Smith.

“Biomedical researchers are identifying more and more ways to boost the immune system to defeat disease,” Dr. Davis explained in response to a question posed by Mr. Kummer. “They are learning how your genome interacts with environmental and other factors, and how to create personalized immunotherapies based on an individual’s genome.”

In 10 years’ time, the cost of sequencing an individual’s genome will come down from about $2,000 to $20, he said. This will help doctors give all patients optimal treatments and health guidance. “For example, we know that vigorous exercise is the only factor that reduces risk of Alzheimer’s disease,” said Dr. Davis, who is an international expert in Alzheimer’s and other brain diseases. “This is very helpful knowledge for people with a genetic risk.”

Mount Sinai is the first medical center to sponsor the Aspen Ideas Festival, which is now in its ninth year. It will be held June 26 to July 2 in Aspen, Colorado. Walter Isaacson, President and CEO of the Aspen Institute, extended his appreciation to Mount Sinai. “Mount Sinai’s work is renowned, and its researchers and clinicians will add a welcome perspective to our sessions on health, which will have a special focus on maximizing individual health and longevity,” he said.

During the Festival this summer, Dr. Davis will also present ideas on “Bending the Health Care Cost Curve” with Peter Orszag, PhD, former Director of the Office of Management and Budget under President Barack Obama. Drs. Davis and Orszag have written a white paper on ways to reduce health care costs and to make Medicare more affordable for the country.

Mount Sinai will also offer Festival participants informational sessions on personal genomics with Joel Dudley, PhD, Director of Biomedical Informatics at the Icahn School of Medicine at Mount Sinai and co-author of the new textbook, Exploring Personal Genomics. A team of Mount Sinai dermatologists will also be on-site to provide melanoma screenings.

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From left: NYPD Detective Oscar Hernandez; Lisa Wagner, BSN, NP, MA; Dina Loor, NYPD Detective Eder Loor, Joshua B. Bederson, MD; Michael McCarr, RN; and recently retired NYPD Chief of Department Joseph Esposito
“The Class of 2013 embodies Mount Sinai’s entrepreneurial spirit and our leadership in research and innovative patient care,” said Dennis S. Charney, MD, Anne and Joel Ehrenkranz Dean, Icahn School of Medicine at Mount Sinai and Executive Vice President for Academic Affairs, The Mount Sinai Medical Center. “I am confident this distinguished group of students will make an indelible mark on the practice of medicine through their research and clinical leadership.”

This year, 17,856 U.S. medical students participated in the 2013 Match Day event, the largest number ever. Match Day is run by the National Resident Matching Program, a private, nonprofit organization that matches students with residencies in U.S. teaching hospitals based on a computerized algorithm.

At Mount Sinai, the students who gathered in the Annenberg Lobby expressed relief and happiness after learning where they would be spending the next phase of their training, while hugging their classmates, family members, close friends, and mentors.

Student Rishi Kothari, who is the outgoing Student Council President, said, “Staying right here at Mount Sinai for a residency in anesthesiology was absolutely my first choice. I’ve worked hard for four years, and I wanted to give back to this community that has given so much to me. I couldn’t be happier.”

Benjamin Grimmnitz was excited to learn that he had matched to a residency program in emergency medicine at Boston University Medical Center. “Coming to New York to attend Mount Sinai was a big adventure for me,” he said. “Now this will be another adventure.”

David Muller, MD, Marietta and Charles C. Morchand Chair in Medical Education and Dean for Medical Education at Icahn School of Medicine at Mount Sinai, said, “It is so gratifying to see people’s hopes and dreams become a reality. To be part of the growth and maturation of someone who starts as a student and culminates with an MD or MD/PhD is an enormous privilege for all of us.”

Honoring Recipients of the 2013 Jacobi Medallion

Nearly 400 alumni, faculty, staff, and Trustees of The Mount Sinai Medical Center gathered for dinner and dancing at The Pierre on Thursday, March 14, to honor six recipients of the 2013 Jacobi Medallion, one of Mount Sinai’s most distinguished awards, for their contributions to medicine, medical education, and research. The evening’s emcee, Jeffrey Laitman, PhD, President of the Mount Sinai Alumni, said, “We are always excited and energized to celebrate the continuing history of the unbroken chain of Mount Sinai excellence at our Jacobi family party.”

The Mount Sinai Alumni has been awarding the Jacobi Medallion to distinguished individuals since 1952. The 2013 recipients were honored for their work in women’s health, global health, ophthalmology, medical education, pediatrics, and scholarship.
Celebrate Nurses Week 2013: Delivering Quality and Innovation in Patient Care

MONDAY, APRIL 29
Breakfast
Hosted by Carol Porter, DNP, RN, and Nursing Leadership
7 – 9:30 am
Annenberg West Lobby
All Department of Nursing staff invited

TUESDAY, APRIL 30
Midnight Madness
Rounds Honoring Evening and Night Staff

WEDNESDAY, MAY 1
Boards of Trustees
32nd Annual Clinical Excellence in Nursing Practice Awards
Noon
Stern Auditorium
Reception to Follow: Annenberg West Lobby

TUESDAY, MAY 7
Keynote Address
“The Future of Nursing: Leading Change, Advancing Health”

THURSDAY, MAY 2
17th Annual Poster Session Highlighting Nursing Practice
11 am – 2 pm
Guggenheim Pavilion

Carol Porter, DNP, RN
Edgar M. Cullman, Sr. Chair of the Department of Nursing, Chief Nursing Officer/Senior Vice President, Associate Dean of Nursing Research and Education

Audrey Ludmer, RN
President, Local Bargaining Unit, New York State Nurses Association

American Heart Association
Wall Street Run and Heart Walk

Take a step toward a healthy heart. Mount Sinai Heart will be taking part in the American Heart Association’s Wall Street Run and Heart Walk. The event, which starts at the World Financial Center, is a pre-qualifier for the New York City Marathon. For more information, call Tracey Paulsen at 212-241-4668, email Tracey.Paulsen@mountsinai.org, or visit www.heartwalknyc.org.

Thursday, May 30
5 pm

Donna Shalala, PhD
President, University of Miami, Professor, Political Science, Chair, Committee on the Robert Wood Johnson Foundation Initiative on the Future of Nursing, at the Institute of Medicine

3:30 – 4:30 pm
Stern Auditorium
All Mount Sinai faculty, staff, and students invited
Reception to Follow: Annenberg West Lobby

INSIDE MOUNT SINAI
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