The Mount Sinai Health System Names Four Hospital Presidents

The Mount Sinai Health System has appointed four new hospital presidents to lead Mount Sinai Beth Israel, Mount Sinai Beth Israel Brooklyn, Mount Sinai Roosevelt, and Mount Sinai St. Luke’s.

Evan L. Flatow, MD, a world-renowned leader in shoulder surgery who has made many clinical, educational, and research contributions to the care of shoulder disorders, will assume the position of President of Mount Sinai Roosevelt after March 1.

Previously, Dr. Flatow served as the Bernard J. Lasker Professor and Chair of the Leni and Peter W. May Department of Orthopaedic Surgery at Icahn School of Medicine at Mount Sinai, and as Director of the Orthopaedic Surgery Service at The Mount Sinai Hospital.

During his more than 30-year career as a surgeon, Dr. Flatow has trained numerous shoulder fellows and residents. He was continued on page 2

Precision Treatment for Prostate Cancer

The Mount Sinai Health System is taking steps to revolutionize the diagnosis and treatment of prostate cancer through a new multidisciplinary program that combines the best of urology, pathology, and radiology to analyze and inform medical care for each patient.

Under the leadership of Ash Tewari, MBBS, MCh, the Kyung Hyun Kim, MD Chair in Urology, at The Mount Sinai Hospital, and head of Urology for the Mount Sinai Health System, this precision urology program is expected to be up and running throughout the system in June. It will combine sophisticated diagnostic imaging with an in-depth genomic analysis of each patient to create an informed treatment plan.

continued on page 4

Ash Tewari, MBBS, MCh, is leading the Mount Sinai Health System’s new program in precision urology.
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(continued from page 1)

part of a team that helped develop a comprehensive shoulder-replacement system that is widely used by shoulder surgeons around the world. In addition, Dr. Flatow established a tendon basic science research group at Mount Sinai, serving as principal investigator on a National Institutes of Health R01 grant based on a new animal model of tendon damage.

“It is an honor for me to lead this superb institution, staffed with the best doctors, nurses, and allied medical staff anywhere,” says Dr. Flatow. “I did my surgical internship at Mount Sinai Roosevelt and am thrilled to have returned to this leading member of the Mount Sinai Health System.”

After receiving his medical degree from Columbia University College of Physicians and Surgeons, Dr. Flatow completed a surgical residency at Roosevelt Hospital, and an orthopaedic residency and a year of shoulder fellowship under the direction of the late Charles S. Neer II, MD, at Columbia University Medical Center.

Arthur A. Gianelli, an executive with extensive experience in health care delivery and finance, has taken the helm as President of Mount Sinai St. Luke’s.

From 2006 through 2013, Mr. Gianelli served as President and Chief Executive Officer of NuHealth, a public health care system that provides high-quality care to residents of Nassau County, New York, including some of the area’s most vulnerable populations. Under his leadership, NuHealth earned national accolades for stabilizing finances, improving care quality and patient outcomes, and soundly investing more than $200 million to modernize and expand services and facilities.

Prior to this, Mr. Gianelli was Deputy County Executive for Budget and Finance for Nassau County, and Director of Operations for North Hempstead, Long Island.

“St. Luke’s has a rich and important history with wonderful physicians, nurses, and staff,” says Mr. Gianelli. “As a member of the Mount Sinai Health System, I look forward to galvanizing the St. Luke’s team behind the exceptional vision articulated by Dr. Davis [the Health System’s CEO], and working with the staff to transform St. Luke’s into a financially stable, high-quality, modernized facility with programs that meet current and emerging health care needs of the surrounding community.”

Lin H. Mo, a veteran health care executive with close ties to Brooklyn’s diverse communities, has joined the Mount Sinai Health System as President of Mount Sinai Beth Israel Brooklyn.

continued on page 3

Mount Sinai Receives “Tribute to Nurses” Award

There were countless acts of selfless dedication demonstrated by Mount Sinai staff when Hurricane Sandy devastated New York City in October 2012, but one team was recognized formally with an award for its extraordinary coordination of patient care and leadership during and after the storm.

The New York Times “Tribute to Nurses” 2013 team award was presented recently to The Mount Sinai Hospital’s Women and Children’s Services for the care they provided to pediatric and obstetrical patients, some critically ill, who were evacuated from the flooded NYU Langone Medical Center. The award also cited the team’s ability to expand services to accommodate a great influx of additional patients—and staff—from NYU for weeks following the storm, when NYU’s facilities remained closed.

Says Carol Torchen, DNP, RN, Clinical Director of Women and Children’s Services, “This team had never faced such challenges, but throughout it all, patient safety was upheld, families were kept together, and births were celebrated. The staff was phenomenal.”

Women and Children’s Services helped coordinate care with the 26 NYU nurses and physicians who were temporarily credentialed at Mount Sinai to oversee their patients. They also set up a special pediatric intensive care unit and well-baby nursery, and helped with an unprecedented number of labor deliveries. One month post-Sandy, Mount Sinai delivered nearly 200 more babies than its monthly average of 553 births.

Says Carol Porter, DNP, RN, FAAN, Edgar M. Cullman, Sr. Chair, Department of Nursing, and Chief Nursing Officer/Senior Vice President of Nursing, “They were creative problem-solvers, compassionate in their care, and exceptionally welcoming to their NYU nursing colleagues. They never faltered, even under the most challenging conditions.”
Celebrating Heart Health Month

Hundreds of staff, employees, and community residents participated in heart-healthy activities throughout the Mount Sinai Health System, an annual effort in February, Heart Health Month, to educate individuals about the risk of cardiovascular disease.

Nearly 500 participants received free screenings for blood pressure, cholesterol, triglycerides, glucose, and body mass index at one of the largest Heart Health events in New York City: The Mount Sinai Hospital’s annual Community Health Fair, which was held Friday, February 7, in celebration of the American Heart Association’s Go Red for Women® initiative.

Red attire and heart-shaped balloons brought a festive atmosphere to Guggenheim Pavilion as volunteers provided screenings and handed out literature on topics such as nutrition and diet, diabetes, stress-management techniques, and smoking-cessation programs, and presented heart-healthy food tastings. “The Mount Sinai nurses, faculty, and staff who volunteer to conduct screenings and interact with participants have helped turn this event into a great success,” says Beth Oliver, DNP, RN, Vice President of Clinical Operations for Mount Sinai Heart.

“Go Red for Women®” activities, and that they are often undertreated,” she explained in a lecture. Among them was Jacqueline Tamis-Holland, MD, Director of the Cardiac Catheterization Laboratory at Mount Sinai St. Luke’s and Mount Sinai Roosevelt. “Women, especially, need to know that their symptoms of heart disease may be different from men’s, and that they are often undertreated,” she explained in a lecture.

Heart health activities will continue throughout February. To learn more, go to www.mountsinai.org/heart or www.WomensHeartNY.com.

Prior to his position at Mount Sinai, Mr. Mo served as President and CEO of New York Community Hospital, a Brooklyn-based member of the New York-Presbyterian Healthcare System. Over the course of his decades-long career, Mr. Mo has held progressively responsible positions at the New York Health Systems Agency, Bellevue Hospital Center, Westchester Medical Center, New York Downtown Hospital, and Sanus Health Corporation.

“It is an honor and a privilege to be asked to manage Mount Sinai Beth Israel Brooklyn, which is a critically important and valuable resource, particularly given the rapidly changing health care market in Brooklyn,” says Mr. Mo. “The hospital’s roots remain deeply embedded in a long history of service to the Orthodox Jewish community. The union of Mount Sinai and Beth Israel strengthens that commitment. At the same time, the neighborhoods we serve are becoming home to additional ethnic groups and we are meeting their needs, as well.”

Susan Somerville, RN, a former cardiac and critical care nurse with extensive experience in hospital operations, has been named President of Mount Sinai Beth Israel.

Ms. Somerville joins the Mount Sinai Health System from North Shore University Hospital, where she served as Executive Director, overseeing the daily operations of an 804-bed facility with 3,000 physicians and 5,300 employees working within 16 clinical service lines. She directed and managed a $1.2 billion budget, and led the strategy on a number of large-scale construction projects aimed at providing excellent tertiary care.

“I am delighted to be joining Mount Sinai Beth Israel, a hospital that has a long and rich history of caring for its community,” says Ms. Somerville. “This is an exciting time to come on board, as Beth Israel becomes part of the Mount Sinai Health System. Together, our physicians and staff will provide the highest quality of care to our patients.”

In her earlier roles at the North Shore-LIJ Health System, Ms. Somerville served as Vice President of Cardiovascular Services and Director of Cardiac Patient Care Services, and Administrative Director of the Division of Pediatric and Adult Cardiology.

Harris M. Nagler, MD, the former President of Mount Sinai Beth Israel, has accepted a newly created position within the Mount Sinai Health System as Physician-in-Chief and Chief Medical Officer for Mount Sinai Beth Israel in Manhattan.
Women in Science and Medicine (WiSM) Second Annual Networking Event

The program will feature a keynote address, panel discussion, and a networking reception. Fraeda Kapor Klein, PhD, will present the keynote address, “Leveling the Playing Field.” Dr. Kapor Klein is a renowned social policy researcher and the founder of the Level Playing Field Institute, a nonprofit that promotes academic opportunities in science, technology, engineering, and math for underrepresented students. Leading researchers and educators from Icahn School of Medicine at Mount Sinai will participate in a panel discussion, “Success on our Playing Field.” This will be followed by a reception and networking opportunities. To register, go to www.surveymonkey.com/s/Q7CH5FJ. To learn more, e-mail WiSM@mssm.edu.

Tuesday, February 25
4 – 7 pm
The Mount Sinai Hospital Campus
Hess Center for Science and Medicine
Davis Auditorium

WiSM is comprised of the Women Faculty Group, Icahn School of Medicine at Mount Sinai Women’s Network, and Women in Science, and partners with the Center for Multicultural and Community Affairs, Students for Equal Opportunity in Medicine, and Students for Equal Opportunity in Science.

› Precision Treatment for Prostate Cancer

(continued from page 1)

Dr. Tewari recently joined Mount Sinai from New York-Presbyterian Hospital and Weill Cornell Medical College, where he directed the LeFrak Center for Robotic Surgery, and served as a Professor of Urology and Public Health.

According to Dr. Tewari, each hospital within the Mount Sinai Health System will adopt uniform procedures for screening patients and making referrals for those who need more comprehensive testing, which will be done at Mount Sinai’s 59th Street and Madison Avenue location. This newly renovated and expanded midtown facility will also house a state-of-the-art laboratory. Testing will be done in conjunction with Mount Sinai’s supercomputer and specialized MRI equipment, so that each patient will receive a fully personalized analysis.

“When patients come to our building at 59th and Madison they will receive the highest level of imaging, genomic testing, and DNA analysis. From that we will recommend a unified plan of action,” says Dr. Tewari.

“Sometimes we may decide not to do anything. This will help patients avoid unnecessary biopsies and treatments, yet they will not miss an opportunity for a cure.”

One of the biggest challenges in prostate cancer treatment is the inability to determine how aggressive a patient’s cancer is from a standard biopsy. Mount Sinai’s ability to analyze the cancer on multiple levels will help direct the patient’s treatment and help find cancer that might otherwise go undetected.

For more information, visit www.mountsinai.org/roboticprostate.

Dr. Tewari estimates that of the 1.2 million biopsies for prostate cancer performed in the United States each year, some 300,000 patients actually have prostate cancer, and fewer than 100,000 of those are found to have an aggressive form of the disease that requires treatment.

“The fear of undertreatment results in overtreatment, which, in turn, can lead to medical complications,” says Dr. Tewari. “We can minimize the number of biopsies we perform and give our patients a more targeted plan.”

Announcements

Nineteenth Annual Medical Student Research Day

The Medical Student Research Office invites all faculty, staff, and students to attend the Nineteenth Annual Medical Student Research Day, which will spotlight the results of 159 faculty-mentored basic, clinical, and translational research projects.

Tuesday, March 11
Noon – 4 pm
Icahn School of Medicine at Mount Sinai
Stern Auditorium

Ash Wednesday Services

Holy Mass celebrations will take place at The Mount Sinai Hospital, sponsored by the Department of Spiritual Care and Education. Ashes will be distributed at each Mass.

Wednesday, March 5
10 am
Hatch Interdenominational Chapel
12:10 pm
Hatch Auditorium

Mount Sinai

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